

SAILING INTRUCTIONS FOR YEOMAN and KINSMAN NATIONAL CHAMPIONSHIPS 2020

The races will be governed by the R.Y.A. Racing Rules of Sailing 2017-2020, the rules of Snowflake Sailing Club, the Yeoman and Kinsman Class and the Sailing Instructions.

1. Rule 26 is changed

Races will be started using the following signals

Minutes before Start		Sound Signal
5minutes	Class Flag	one
2minutes	Preparatory Flag	one
0	Flags Removed	one

2. Starting Line will be a transit from the signal flag mast through a black and white pole surmounted with a Yellow Triangle. The start line is usually lined up with one of four boards on the opposite bank lettered A.B.C. and D. the line chosen will be indicated on the bottom of the black and white pole.

Finish Line will be a line between the signal flag mast and an inverted white triangle on the opposite bank.

3. Course Marks

Mark No1 is positioned down Horning Street

Mark No3 is on the first bend towards Wroxham

Mark No4 is near the entrance to Hoveton Little Broad

Mark No5 is between No4 and the mill at the end of the reach

4. Personal Buoyancy must be worn by all competitors.

5. Scoring

(a) 3 races are required to be completed to constitute a series

(b) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores

(c) When from 4 to 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score

6. Risk Statement

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitor briefing held at the venue

6. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per event or the equivalent.

7. Changes to the Sailing Instructions.

Any changes to the Sailing Instructions will be posted on the SFSC notice board.

8. Spinnakers

At the discretion of the Race Officer and after consultation with a Fleet Representative and SFSC Flag Officer if available. Spinnakers shall not be flown if the signal flag R is displayed not less than 10 minutes before the start the race.